



Ref: PR884

News Release from

Stockport Homes

Cornerstone

2 Edward Street

Stockport

SK1 3NQ

17 February 2020

Stockport Homes Group announces new Charity of Choice

Stockport Homes Group is delighted to announce that its new Charity of Choice for 2020 - 2022 is 'MQ: Transforming Mental Health'.

MQ is the leading mental health research charity dedicated to tackling mental health through research. Their vision is to create a world where mental illness is understood, effectively treated and ultimately prevented. With 1 in 4 people being affected by mental illness each year, it is a reality that everyone has had experience with, whether at home, work or within the community.

Stockport Homes Group is a strong advocate for mental health and is looking forward to helping MQ find out more about mental health to improve the lives of everyone affected.

A busy calendar of fundraising events is currently being planned with everything from bake sales to bingo, wellbeing walks to 10k runs. Everyone at Stockport Homes Group can't wait to get started!

Senior Partnerships Manager Harriet Colley from MQ said,

“MQ are so excited that SHG has chosen to support us as their chosen charity over the next two years. We hope SHG employees have a great time fundraising for us! Their donations will fund transformative research into mental health conditions, such as depression, schizophrenia and young people's mental health. “

Picture caption: Representatives from MQ and staff members from Stockport Homes Group

END

Notes for editor:

For more information about MQ: Transforming Mental Health, please visit <https://www.mqmentalhealth.org/>

For further information please contact:

Verity Calderbank

Marketing and Communications Manager

Stockport Homes

Tel: 0161 474 2863